



Chef Cyndi's November Menu—2019



Monday

Tuesday

Wednesday

Thursday

Friday

<p><i>Canned Food Drive for Families Forward! Now through November 15th</i></p>				<p>1 Beans & Franks (turkey) Corn Bread Muffins Fresh Fruit/Milk</p> <p>Snap Peas & Ritz</p>
<p>4 Potato Corn Chowder Warm Biscuits Fresh Fruit/Milk</p> <p>Pita Chips & Hummus</p>	<p>5 Cole Slaw Hot Dogs (beef) French Fries Fresh Fruit/Milk Goldfish & Sliced Cheese</p>	<p>6 Spinach, Ham & Cheese Quiche Potato Rolls Fresh Fruit/Milk Celery, raisins, Soy Butter</p>	<p>7 “New Menu Item” Chicken Fried Rice Egg Rolls Chow Mein Noodles Fresh Fruit/Milk Soft Pretzels & Cr.Cheese</p>	<p>8 Green Beans Chili Mac (turkey) Fresh Fruit/Milk</p> <p>Jicama & Cucumber Salad</p>
<p>11</p> <p>Veteran’s Day Legal Holiday SCHOOL CLOSED</p>	<p>12 Green Beans Cheese Ravioli Garlic Bread Fresh Fruit/Milk Yogurt & Granola</p>	<p>13 Scrambled Eggs Waffles Fresh Fruit/Milk</p> <p>Watermelon/Gra.Crackers</p>	<p>14 Tossed Green Salad Shepherd’s Pie (beef) Potato Rolls Fresh Fruit/Milk Cucumber w/ Flat Bread</p>	<p>15 Corn on the Cob Chicken Legs Potato Salad Fresh Fruit/Milk Sliced Peaches/String Cheese</p>
<p>18 Mixed Veggies Mac & Cheese Fresh Fruit / Milk</p> <p>Bagels & Cream Cheese</p>	<p>19 Black Bean Tacos Spanish Rice Fresh Fruit/Milk</p> <p>String Cheese & Apples</p>	<p>20 Carrot Sticks Turkey Bologna Sandwiches Pop Chips Fresh Fruit/Milk Blueberry Bars & Milk</p>	<p>21</p> <p><i>Children’s Thanksgiving Feast</i> <i>with all of the trimmings!</i></p>	<p>22 Chicken Taco Salad Corn Chips Fresh Fruit/Milk</p> <p>Pears & Crispix</p>
<p>25 Tossed Salad Bean & Cheese Burritos Fresh Fruit/Milk</p> <p>Wheat Thins/Sliced Cheese</p>	<p>26 Stir Fry Veggies Orange Chicken Brown Rice Fresh Fruit & Milk Veggie Chips & Hummus</p>	<p>27 Mixed Veggies Tuna Casserole Hawaiian Rolls Fresh Fruit/Milk Apples & Cream Cheese</p>	<p>28</p> <p><i>Happy Thanksgiving!</i> <i>(Montessori Schools of Irvine CLOSED for the Holiday)</i></p>	