




June Menu 2020



<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<p>1 AM: Granola & Milk Cheese Ravioli Green Beans Fresh Fruit/Milk Apples & Cubed Cheese</p>	<p>2 AM: Pineapple/Cornflakes California Blend Veggies Grilled Chicken Breast Rice Pilaf-Fresh Fruit/Milk Carrot&Raisin Salad w/ Greek yogurt</p>	<p>3 AM: Blueberry Muffins Kale & Red Cabbage Slaw Sweet Potato Tots Fish Sticks Fresh Fruit/Milk Snap Peas & Flat Bread</p>	<p>4 AM: Sliced Pears, Crispix/Milk Minestrone Soup Corn Bread Muffins Fresh Fruit/Milk Cornflakes, Bananas/Milk</p>	<p>5 Happy Birthday VMS! AM: Rainbow Goldfish/Eda. Rainbow Pasta Salad w/ Chicken, Veggies & cheese Potato Rolls Fresh Fruit/Milk Yogurt/Fruit w/ rainbow sprinkles</p>
<p>8 AM: Cereal Mix & Milk Black Bean & Rice Bowl w/ corn Fresh Fruit/Milk Jicama Sticks & Hummus</p>	<p>9 AM: Cereal Bars & Fruit Cooked Carrots Sloppy Joe Macaroni Fresh Fruit/Milk Broccoli & Apple Salad</p>	<p>10 AM: Fruit Salad & Granola Mixed Veggies Chicken Fettuccini Alfredo Fresh Fruit/Milk Hardboiled Egg/Cucumber</p>	<p>11 AM: Cantaloupe/Pretzel Fish Tossed Green Salad Shepherd's Pie Fresh Fruit/Milk Turkey & Cheese Cubes</p>	<p>12 AM: Honeydew & Goldfish Broccoli Salad/Tator Tots Mini Corn Dogs (Chicken) Fresh Fruit/Milk Watermelon & Crispix</p>
<p>15 AM: Granola, Cran. & Milk LoMein Noodles w/ veggies Tofu Nuggets Fresh Fruit/Milk Sliced Pears/Cubed Cheese</p>	<p>16 AM: Raisin Bran & Milk Spinach Salad Pizza Pasta w/ pepperoni Fresh Fruit/Milk Jell-O & Fruit</p>	<p>17 AM: Yogurt & Bananas Breakfast Potatoes Egg Skillet w/ sau. & cheese Fresh Fruit/Milk Pasta Salad w/ veggies</p>	<p>18 AM: Applesauce & Granola Warm Veggies & Rice Pilaf White Fish Fresh Fruit/Milk Soft Pretzel Bites/Cheese</p>	<p>19 AM: Edamame & Flat Bread Green Salad Chicken Pot Pie Fresh Fruit/Milk Tuna Salad/Cucumber</p>
<p>22 AM: Snap Peas & Cheese Vegetarian Chili Peas & Carrots/Brown Rice Fresh Fruit/Milk Quinoa Salad w/ veggies</p>	<p>23 AM: Man.Org./Cereal Bars Sweet Corn & Mashed Pot. Popcorn Chicken Bowl Fresh Fruit/Milk Strawberries & Waffles</p>	<p>24 AM: Org.Cran.Muffins/Milk Mixed Veg./Roasted Sweet Potatoes and Salisbury Steak Fresh Fruit/Milk Corn Salad & Cheezits</p>	<p>25 AM: Apples & Cheese Cubes Chicken Taco Salad with Cheese Fresh Fruit/Milk Jicama Salad</p>	<p>26 AM: Cucumbers & Hummus CA Blend Veggies Vegetarian Lasagna Fresh Fruit/Milk Chicken Pot Stickers</p>
<p>29 AM: Yogurt & Granola Mixed Veggies Mac & Cheese Fresh Fruit/Milk Watermelon & Crispix</p>	<p>30 AM: Peaches & Goldfish Steamed Broccoli/Steam.Rice Teriyaki Chicken Fresh Fruit/Milk Egg Salad & Oyster Crackers</p>	<p>HAPPY FATHER'S Day! June 21</p>		<p>Happy Flag Day! </p>