



Chef Cyndi's November Menu—2018



Monday

Tuesday

Wednesday

Thursday

Friday

<p><i>Canned Food Drive for Families Forward! Now through November 9th</i></p>			<p>1 Roasted Carrots & Potatoes Pot Roast (beef) Hawaiian Rolls Fresh Fruit/Milk String Cheese & Apples</p>	<p>2 Beans & Franks (turkey) Corn Bread Muffins Fresh Fruit/Milk Bagels & Cream Cheese</p>
<p>5 Tossed Salad Bean & Cheese Burritos Fresh Fruit/Milk Pita Chips & Hummus</p>	<p>6 Cole Slaw Hot Dogs (beef) French Fries Fresh Fruit/Milk Triscuits & Sliced Cheese</p>	<p>7 Spinach, Ham & Cheese Quiche Warm Biscuits Fresh Fruit/Milk Edamame & Flat Bread</p>	<p>8 Corn on the Cob Chicken Nuggets Tator Tots Fresh Fruit/Milk Soft Pretzels & Cr.Cheese</p>	<p>9 Green Beans Chili Mac (beef) Fresh Fruit/Milk Celery, raisins, Soy Butter</p>
<p>12 Veteran's Day Legal Holiday SCHOOL CLOSED</p>	<p>13 Stir Fry Veggies Tofu Nuggets Brown Rice Fresh Fruit/Milk Watermelon/Gra.Crackers</p>	<p>14 "Conference Day" Carrot Sticks Bologna Sandwiches (turkey) Pop Chips Fresh Fruit/Milk Strawberry Bars & Milk</p>	<p>15 <i>Children's Thanksgiving Feast with all of the trimmings!</i></p>	<p>16 "Conference Day" Cucumber Slices Ham & Cheese Wraps Sun Chips Fresh Fruit/Milk Sliced Peaches/String Cheese</p>
<p>19 Mixed Veggies Mac & Cheese Fresh Fruit / Milk Snack Mix & Milk</p>	<p>20 California Blend Veggies Salisbury Steak Potatoes Au Gratin Fresh Fruit & Milk Tuna & Crackers</p>	<p>21 Chicken Tortilla Soup Cheese Quesadillas Fresh Fruit/Milk Yogurt & Granola</p>	<p>22 <i>Happy Thanksgiving! (Montessori Schools of Irvine CLOSED for the Holiday)</i></p>	
<p>26 Veggie Medley Cheese Ravioli Garlic Bread Fresh Fruit/Milk Wheat Thins/Sliced Cheese</p>	<p>27 Stir Fry Veggies Orange Chicken Brown Rice Fresh Fruit & Milk Veggie Chips & Hummus</p>	<p>28 Carrot Sticks BBQ Pork Patties on a bun Sweet Potato Tots Fresh Fruit/Milk Apples & Cream Cheese</p>	<p>29 Beef Tacos w/ all of the fixings Spanish Rice Fresh Fruit/Milk Cucumber w/ Flat Bread</p>	<p>30 Tossed Green Salad Sausage (turkey) Pizza Fresh Fruit/Milk Pears & Crispix</p>