



# Chef Cyndi's May Menu—2017



Happy Teacher Appreciation Week!!! May 1—5

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<b>1</b> Tossed Green Salad Bean & Cheese Burritos Fresh Fruit/Milk <b>Pineapple &amp; String Cheese</b>	<b>2</b> Mixed Veggies Baked Ziti Potato Rolls Fresh Fruit/Milk Graham Cr./Soynut butter	<b>3</b> Beans & Franks (turkey) Corn Bread Muffins Fresh Fruit/Milk <b>Watermelon/Wheat Thins</b>	<b>4</b> Peas & Carrots Untidy Joes (Beef) on a bun Fresh Fruit/Milk Fruit Medley & WG Crackers	<b>5</b> Sweet Corn Southwestern Chicken Rice Bowl & Tortilla Chips Fresh Fruit/Milk <b>Veggie Sticks &amp; Hummus</b>
<b>8</b> Carrot Sticks Soynut Butter & Jelly Sand. Sun Chips Fresh Fruit/Milk <b>Pretzels &amp; String Cheese</b>	<b>9</b> Green Beans Chicken Nuggets French Fries Fresh Fruit/Milk <b>WG Crackers/Soynut Butter</b>	<b>10</b> Roasted Potatoes & Carrots Pot Roast (beef) Hawaiian Rolls Fresh Fruit/Milk <b>Wheat Thins/Sliced Cheese</b>	<b>11</b> Broccoli Teriyaki Chicken Whole Grain Rice Fresh Fruit/Milk <b>Pears &amp; Graham Crackers</b>	<b>12</b> Mixed Veggies Turkey Tetrizzini Garlic Bread Fresh Fruit/Milk <b>Strawberry Bars/Milk</b>
<b>15</b> Tomato Soup Gorilla Cheese Sandwiches Fresh Fruit/Milk <b>Raisin Bran &amp; Milk</b>	<b>16</b> California Blend Veggies Chicken Breast Rice Pilaf Fresh Fruit/Milk <b>Bagels, Cream Cheese, Milk</b>	<b>17 PT Conference Day</b> Edamame & Quinoa Salad Cheese Sandwiches Baked Potato Chips Fresh Fruit/Milk <b>Pita Chips &amp; Hummus</b>	<b>18</b> Green Beans BBQ Chicken Legs Mashed Potatoes Fresh Fruit/Milk <b>California Rolls</b>	<b>19 PT Conference Day</b> Cucumber Slices Bologna Sand. (turkey) Pop Chips Fresh Fruit/Milk <b>Mandarin Oranges/Crispix</b>
<b>22</b> Mixed Vegetables Mac & Cheese Fresh Fruit/Milk <b>Yogurt and Granola</b>	<b>23</b> Veggie Egg Roll Orange Chicken Steamed Rice Fresh Fruit/Milk <b>Graham Crackers/Peaches</b>	<b>24</b> Zucchini Stocks Fish Sticks Onion Rings Fresh Fruit/Milk <b>Pretzels &amp; Sliced Cheese</b>	<b>25</b> Warm Veggies Spaghetti w/ meat sauce (beef) & Garlic Bread Fresh Fruit/Milk <b>Apple Slices/String Cheese</b>	<b>26</b> Tossed Salad Pepperoni Pizza Fresh Fruit/Milk <b>Blueberry Muffins/Milk</b>
<b>29</b> Montessori Schools of Irvine <b>CLOSED</b> for <b>Memorial Day</b>	<b>30</b> Tofu Nuggets Veggie Lo Mein Fresh Fruit/Milk <b>Edamame &amp; Flat Bread</b>	<b>31</b> Chicken Tortilla Soup w/ veggies Cheese Quesadillas Fresh Fruit/Milk <b>Soft Pretzels, Cr.Cheese/Milk</b>		